

## Parks and Playgrounds in Durham, NC

Compiled by Hannah Kline, NCSU Masters Student, 2011

Did you know? Durham was recently recognized as a "Playful City USA," by KaBOOM! Take advantage of the great parks Durham has to offer and get some exercise together as a family!

### Durham Parks

- \***East Durham Park** - 2500 EAST MAIN STREET 27703. Take bus route 13.
- \***Old North Durham Park** - 310 WEST GEER STREET 27701. Take bus route 4.
- \* **Bay-Hargrove Park** - 208 HARGROVE STREET 27701. Take bus route 4.
- \***Duke Park** - 106 W. KNOX STREET 27701. Take bus route 4.
- \***Rock Quarry Park** - 500 WEST MURRAY AVENUE 27704. Take data bus 4 or 9.
- \***Whippoorwill Park** - 1632 ROWEMONT DRIVE 27705 Take bus route 17
- \***Grant Park** - 918 GRANT STREET 27701. Take bus route 8 or 12.



### Museum of Life and Science

Members and children under age 3 are admitted FREE!

On **Wednesdays** from 1:00-5:00 p.m. all Durham County Residents get in for free (just show them your ID).

### Need some ideas of things to do at the park with the kids?

- \*Collect rocks and pinecones
- \*Feed the birds
- \*Take a pic-nic to the park
- \*Climb a tree
- \*Stargaze
- \*Plan a treasure hunt - give the child something to search for
- \*Take a walk as a family
- \*Blow bubbles
- \*Watch birds
- \*Go to the library - then read outside on a blanket
- \*Watch insects with a magnifying glass
- \*Go on a nature walk - looking for animals, bugs, or flowers
- \*Play "I Spy"
- \*Collect bugs
- \*Listen to the noises you hear and talk about them together. What other ideas can you think of? Ask your child if they have any ideas!

